



Harrogate

Cancer Information and Support Service

We are here for you!

We are based at the

Sir Robert Ogden Macmillan Centre, on the Harrogate and District Hospital site,

working alongside your specialist teams of doctors and nurses across the hospital and community.

Our focus is to provide support, advice and a friendly face from diagnosis, throughout your treatment, into recovery and beyond.



Contact Us

T: 01423 557317

E: hdfc.cancerinformation@nhs.net

What we offer;

A wide range of cancer information resources; available face to face and in written, audio, video and online versions.

Welfare and benefits advice to manage financial costs and concerns.

Emotional and psychological support services.

Complementary therapies.

Physical activities and exercise programmes.

Dietary advice and support.

Hair loss support service.

Intimacy and relationship counselling.

Support with Healthy lifestyle changes.

Help to manage the short and long term affects of cancer.

Access to practical help, travel advice, body image and returning to work.

Planning ahead for the future.

Follow Us
[@HarrogateCancer](https://www.instagram.com/HarrogateCancer)



**QUESTIONS
ABOUT
CANCER?
WE CAN
HELP**



If you live in Harrogate but are receiving cancer treatment in Leeds, or if you live in Leeds and are receiving cancer treatment at Harrogate, our services can help you during and after cancer your treatment.



Our information and support centres at St James Hospital in Leeds and Harrogate District Hospital offer access to practical, emotional and financial support. Contact us to find out more.



Harrogate T: 01423 557317

E: hdfc.cancerinformation@nhs.net

Leeds T: 0113 2066498

E: Leedsth-tr.cancersupport@nhs.net

**NEED
BENEFITS
ADVICE?
WE'RE
HERE**